

WE ALL NEED BACK-UP! SO DOES YOUR COMPUTER!!!

If you had to place a value (monetary or intrinsic) upon the contents (documents, pictures, music, projects, etc.) that you have stored on your computer hard drive; what would you say it is worth to you? The truth is, you can't. Can you wait until a virus wipes it all out to realize how much you have lost?

I had good intentions, always thinking I would backup my files from the computer tomorrow on those CDs or a flash drive. I had plenty of time one afternoon, but choose to piddle at other things. Then there was that long awaited email from a friend's granddaughter sharing her wedding photos with me --- problem was it wasn't really from her! The scammers, hackers and evil virus spreaders attach themselves to the most innocent and vulnerable emails and twist it so it will hardly notice when clicking though links and opening emails on our computers. Even with one of the best security software programs loaded on my computer --- in merely a fraction of a second, a worm was crawling ravenously shredding my files to pieces and/or sending them out for use by unscrupulous receivers! No files could be opened or saved. It took hours to clean the hard drive and reload all operating software and programs. (Remember to keep all of your original install disks when you buy and set-up a new computer, it made the process faster and efficient.) Then I still had to contact all family and business contacts of the potential threat.

I strongly recommend that you 'Back-Up' your desktop/laptop files by using an External Hard Drive or a Flash Drive with ample GB of memory at least weekly. How many GB will be determined by how much memory you need.

I really like BEST BUY as my source for computer and electronics products. The following products are available BEST BUY, but can be purchased elsewhere also. Don't wait like I did! What would you do if you lost the pictures from your last visit with your grandsons? What about the movie of your daughter's wedding? What about your music collection that took months to compile in your desktop files to download to your MP3?

Time for BACK UP and there is not better time than NOW!



**Seagate - FreeAgent Go 320GB
External USB 2.0 Portable Hard Drive -
Black** Model: ST903203FAA | SKU: 8992664 Approximately
\$69.99 from BEST BUY.



Geek Squad® - 16GB USB 2.0 Flash Drive
Model: GS-16GB10 | SKU: 9332162 Approximately \$39.99 from BEST BUY

Check out products and store locations for BEST BUY at <http://www.bestbuy.com/>

Courtesy of Basic Living Section at www.anomalypoet.com/